



NEW YORK CITY
COLLEGE OF TECHNOLOGY

THE CITY UNIVERSITY OF NEW YORK

300 JAY STREET, BROOKLYN, NY 11201-2983

FACULTY AND STAFF SERVICE CENTER

Namm 229

718.260.5352 • Fax: 718.260.5351

November 6, 2003

Roosevelt Gainey, President
The Taoist System of Living Arts

Dear Roosevelt:

As Director of the Faculty & Staff Service Center at New York City College of Technology in Brooklyn, NY, I want to thank you for your unfailing devotion and commitment to the practice and teaching of Tai Chi Kung at our college. Offering these classes within our workplace environment has enabled many faculty and staff to participate on a regular basis and achieve wonderful health benefits.

Having a teacher such as you has been one of the greatest wellness activities offered to our employees through our Center. Participants look forward to your classes. They know that no matter how tired they are when they come in, they will always walk out feeling better. They also look forward to the thorough knowledge of the Tai Chi principles you share with them when you teach in addition to your overall emphasis on health and wellness.

Personally, I have benefited a great deal from my participation in your classes. Learning how to breathe correctly and how to release stress through the practice of the various Tai Chi forms has enriched my well being beyond words. I can honestly say that after each class and practice of Tai Chi I feel like I have been literally awakened!

Thank you for your dedication and commitment to all who participate and for your mindful practice of Tai Chi Kung.

Sincerely,

A handwritten signature in cursive script, reading "Roxanna Meléndez".

Roxanna Meléndez, Director
Faculty & Staff Service Center